



American Red Cross Blood Drive

LUMPKIN County Library

Thursday, September 1
12:00pm – 5:00pm
Library meeting room

Please eat iron rich foods, drink plenty of non-caffeinated fluids, and get a good night's rest before donating blood.

To make an appointment, please visit www.redcrossblood.org
or call 1-800-Red-Cross (Sponsor code: LUMP-
KIN)

PHOTO I.D. REQUIRED

Walk in's Welcome!

